

Organized by Cedar Point Yacht Club, Westport, CT

SAILING INSTRUCTIONS

Hosting: 2017 J/109 East Coast Championship, and
2017 J/70 Long Island Sound District Championship

1. Rules

- 1.1 The regatta will be governed by the "rules" as defined in *The Racing Rules of Sailing*.
- 1.2 All boats shall comply with class one-design rules.

2. Notices and Communications to Competitors

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the regatta pavilion north of the CPYC clubhouse.
- 2.2 Race committee broadcasts will be made over VHF channel 77, on Race Circle One, and on channel 78, on Race Circle Two.
- 2.3 Race committee broadcasts concerning its intentions, the course to be sailed, starting times, course change etc. are a courtesy only. Failure of the race committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast will not be grounds for redress. This changes rule 62.

3. Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

4. Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the CPYC flagpole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the race signal AP.

5. Schedule of Races

- 5.1 The number of races for each class will be determined by the race committee.
- 5.2 The first warning signal for the first race is scheduled for 1030 each day.
- 5.3 Flag H displayed from the race committee finish boat at the finish means "No more races today – return to shore".
- 5.4 No warning signal will be made after 1500 on Sunday.

6. Class Flags

Race Circle One

<u>Class</u>	<u>Class Flags</u>
J/109	Numeral pennant "1"
Beneteau 36.7	Numeral pennant "2"
J/88	Numeral pennant "3"

Race Circle Two

<u>Class</u>	<u>Class Flags</u>
J/105	Numeral pennant "1"
J/70	Numeral pennant "2"
Atlantic	Numeral pennant "3"

7. Racing Areas – See Appendix 2

- 7.1 Race Circle One will be approximately 4 miles south of the Clubhouse, approximately 1 mile south of Bell R"24". The Signal boat will be the **Cedar Point**, 34 foot trawler, white with red trim.
- 7.2 Race Circle Two will be approximately 3 miles southeast of the Clubhouse, approximately one mile southeast of gong G"1". The Signal boat will be **COHO**, Hanse 37 sailboat, light gray with white trim.
- 7.3 For their own safety, boats should NOT pass between gong G"1" and Cockenoe Island at any time.

Low tides. Saturday: 1349 Sunday 1442

8. The Courses

- 8.1 The course for each race will be windward-leeward with a **specified number of legs** (not including the offset leg). All marks shall be left to port.
- 8.2 The number of legs to be sailed and the approximate magnetic bearing and distance in nautical miles to the first mark will be displayed from the race committee signal boat prior to the warning signal for each race. The race committee will also announce the course over VHF prior to the warning signal for each race.

8.3 Course Example

245

degrees
magnetic
from
starting
line to
first
mark.

2	1
4	1
5	4

One point one nautical
miles from starting line to
first mark.

Four legs (windward
leeward windward
leeward to finish.

9. Marks

- 9.1 The starting marks will be a staff with a CPYC burgee on an orange ball or and orange ball.
For Racing Circle One, marks 1, 2P & 2S will be orange inflatables.
For Racing Circle Two, marks 1, 2P & 2S will be yellow inflatables.
The offset marks (1a) will be orange balls. Change marks will be green inflatables.
The finish marks will be an orange ball.

10. The Start

- 10.1 Races will be started using Rule 26. The warning for each succeeding class will be made after the preceding start (no rolling starts).
- 10.2 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 10.3 After the first race of the day, classes will start subsequent races as announced on VHF.
- 10.4 Except after a postponement or general recall, the race committee will attempt to alert competitors to upcoming warning signals on VHF.
- 10.5 No boat may start more than 4 minutes after her starting signal.

11. Recalls

- 11.1 As a courtesy to competitors, when an individual recall is signaled, the race committee will attempt to hail over VHF the sail of the boat(s) that are OCS.
- 11.2 When starting penalty rule 30.1 is in effect, the race committee will attempt to hail sail or bow numbers of boats that are OCS during the minute before the start.
- 11.3 The timing and order of such hails or the failure of a boat to hear the hail will not be grounds for redress. This changes rule 62.

12. Change of the Next Leg of the Course

- 12.1 To change the next leg of the course, the race committee will lay a new green mark (or move the finish line) and remove the original mark as soon as practicable. There will be no offset mark accompanying a changed(green) mark. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 If a new (windward) mark is to be used before a warning signal is made for a class, the race committee signal boat will display flag "C" before the warning signal, and throughout the starting sequence.

13. The Finish

- 13.1 The finishing line will be between a staff displaying a yellow flag on a race committee boat and the course side of the finishing mark.
- 13.2 For courses with an even number of legs (downwind finish), the finishing mark will be on the opposite side of the finish boat from the starting mark

14. Time Limit

- 14.1 The time limit for the first boat to sail the course and finish in each race will be 90 minutes.
- 14.2 Rule 4.2 *A boat that did not start, did not finish retired or was disqualified shall be scored points for the finishing place one more than the number of boats in the series* is changed to read boats still racing more than 20 minutes after the first boat in their class sails the course and finishes will be scored TLE, and will receive two more points than the number of finishers.

15. Protests and Requests for Redress

- 15.1 Protest forms are available at the race office. Protests shall be delivered there within 60 minutes after the race committee finish boat for the race circle docks. The docking times will be posted on the Official Notice Board.
- 15.2 Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the approximate order of receipt in the race office as soon as practical.
- 15.3 Breaches of instructions 7.3, 17 and the support boat restrictions in NOR Amendment #2 will not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

16. Scoring

- 16.1 Rules 90.3 and A2.1 *Each boat's series score shall be the total of her scores excluding her worst score* is changed to read; If four races are completed each boat's series score will be the total of her race scores. If 5 or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.
- 16.2 One race must be completed to constitute a regatta.

17. Safety

- 17.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat is requested to sail by the signal boat, and check in by hailing its sail number until acknowledged by the race committee.
- 17.2 A boat retiring from a race or leaving the racing area early shall promptly notify the race committee either by hail or over VHF, or by telephone or in person to the CPYC Club Manager at (203) 226-7411.
- 17.3 Government buoy G"1" (Georges Rock) marks a dangerous rock and reef between CPYC and the racing area. Please consult your chart.

18. Prizes

- 18.1 Prizes will be awarded to the top three finishers in each class except the J/70 class which will award a second set of prizes for the Corinthian division.
- 18.2 The Rex Marine Prize will be awarded to the boat having the best overall performance, as determined by the Organizing Authority.

18.3 The Jim Brigger Sportsmanship Award will be awarded as determined by the Organizing Authority.

19. Trash Disposal

- 19.1 A competitor shall not intentionally put trash in the water.

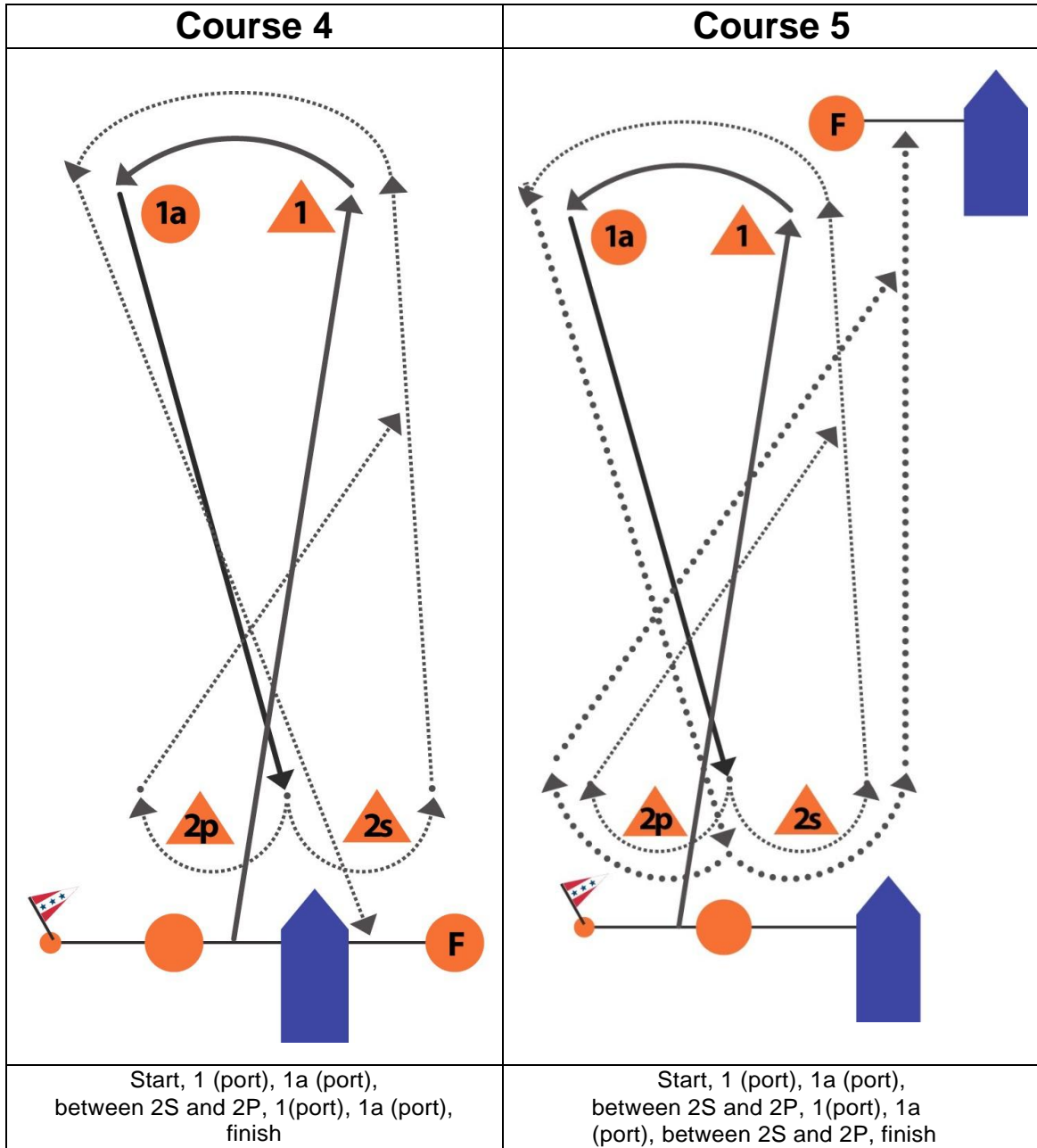
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Appendix 1 - Course Diagrams



Courses 3 (3 legs) or 6 (6 legs) may also be used.

Appendix 2 - Racing Areas

